~ CLASS SCHEDULE: ~

MONDAY:

All Belt Class: 5:30-6:30pm

Beginner Class: 6:30-7:30pm

WEDNESDAY:

All Belt Class: 5:30-6:30pm

Intermediate Class: 6:30pm-7:30pm

SATURDAY:

Escrima Class: 10:30am-11:30am

All Belt Class: 11:30am-12:30pm

Sparring Class: 12:30-1:30pm

Beginners: White Belt, Yellow Belt, Orange Belt

Intermediate: Light Green Belt, Dark Green Belt, Blue Belt, and Purple

Advanced: Red Belt, Brown Belt, and Black Belt

Saturday is T-shirt and headband day! Wear TKD pants with (an appropriate!) t-shirt in place of the dobok jacket.

ESCRIMA CLASS IS BLUE BELT AND UP ONLY!

Note: this class is optional for colored belts.

Students can earn a maximum of three classes per rank for this class.

After earning all three stickers, students can continue classes if they wish to continue honing in on their skills.

Free Sparring is Light Green Belt and up only